



# THE MASTER MIND 30 DAY JOURNAL

JAMES DEWANE

# One Month Master Mind Journal

Many people fail to grow their business not because of ambition or drive...

...they fail because of the lack of a well-structured and properly executed plan.

This 30 Day Journal aims to ensure that you set a monthly and weekly plan and then take daily actions to ensure you achieve your goals for your business.

Goals

Week 1

Week 2

Week 3

Week 4

Review



"Setting goals is the first step  
in turning the invisible into the  
visible."

— Tony Robbins

# This Month:

*In Seven Days, I Will Have...*

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*In Fourteen Days, I Will Have...*

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*In Twenty-One Days, I Will Have...*

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*In Twenty-Eight Days, I Will Have...*

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"In business, you don't get what you deserve, you get what you negotiate and plan for."

– Chester L. Karrass





# Week One

## Focus Points

**Marketing:**


**Finance:**


**Operations:**




# Daily Actions

## Towards Your Weekly Goal

Date:

List Your Top Three Priorities for Today, Only tick the box once the action is complete.

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Who do I Need to Talk to Today...

# Daily Reflections

Review your day, what went right, what were the lessons and what can you improve on.

**My Biggest win today was...**

**My Biggest lesson today was...**

**My Biggest distraction today was...**

**What did I do to grow today...**



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# Weekly Review Of Your Focus Points

**Did You Achieve your Marketing  
Aims:**


**Did You Achieve your Finance Aims:**


**Did You Achieve Your Ops Aims:**




# Weekend Thoughts



"Without goals, and plans to reach them, you are like a ship that has set sail with no destination."

— Fitzhugh Dodson

# Week Two

## Focus Points

<b>Marketing:</b>

<b>Finance:</b>

<b>Operations:</b>



# Daily Actions

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Aims:**


**Did You Achieve your Finance Aims:**


**Did You Achieve Your Ops Aims:**




# Weekend Thoughts



"Good fortune is what happens when opportunity meets with planning."

— Thomas Edison

# Week Three

## Focus Points

<b>Marketing:</b>

<b>Finance:</b>

<b>Operations:</b>



# Daily Actions

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**Did You Achieve your Finance Aims:**


**Did You Achieve Your Ops Aims:**


# Weekend Thoughts





"The best way to predict the  
future is to create it."

— Peter Drucker

# Week Four

## Focus Points

### Marketing:


### Finance:


### Operations:


# Daily Actions

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# Weekly Review Of Your Focus Points

**Did You Achieve your Marketing Aims:**


**Did You Achieve your Finance Aims:**


**Did You Achieve Your Ops Aims:**




# Weekend Thoughts



# Monthly Reflections

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Review your month, what went right, what were the lessons and what can you improve on.

My Biggest win this month was...

My Biggest lesson this month was...

Areas I need more help in are...

This month I rate my business as...out of 10

Marketing efforts are \_\_\_\_ Out Of 10

Financial health is \_\_\_\_ Out Of 10

Operations are \_\_\_\_ Out Of 10

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"By failing to prepare, you are  
preparing to fail."

— Benjamin Franklin

“Our goals can only be reached through a vehicle of a plan, in which we must fervently believe, and upon which we must vigorously act. There is no other route to success.”

– Pablo Picasso



**J** JAMES DEWANE  
Mentor | Author | Speaker